

# Trajectory: Early Childhood Activities

**Early Childhood** includes ages 3 to 5 and is marked by exciting Early Childhood Intervention (ECI). Through Plano ISD and Child Find parents can request an assessment to determine eligibility for Early Childhood Special Education (ECSE).

## Suggested Early Childhood Action items

### Self-Advocacy:

- Teach your child to say no
- Provide opportunities to make choices even if it is as simple as choosing a drink or snack

Teach your child to make choices. Use *First* → *Then* statements

- First, take your dish to the counter → then you can play
- First, ask for help → then I will help you
- First, wipe your face → then you can get down from the table
- First, pick up your toys → then we can go outside and play

Life Long Planning: At this age, parents are not sure if their child will have a developmental disability, but if one is suspected, parents should contact Lifepath to place the child on the interest lists for Medicaid waivers. The waiting list for these services can be more than 15 years.

- Lifepath Services at 972-727-9133
- Department of Human Services 512-438-5658